1: Ammar E, I-5 (1951) 1954
MR13 Fellahin MR13
Silwa

[Boys] LIVELIHOOD IN SILWA [GIRLS] 857

FROM SEVEN TO TWELVE[1]

Before the introduction of compulsory schooling and perennial irrigation, the specific responsibility for this period was irrigation—he still helps with it in the afternoon.

Collects leaves, clover, grass, and weeds for feeding the animals, takes animals to water, as tending animals is his main responsibility, whether at home or in the field.

Fetches drinking water on donkey-back.

Helps in harvesting.

Helps in digging land, breaking up clods with the hoe as an introduction to his use of implements.

Takes out and leads his blind or old father or grandfather.

Takes corn on donkey-back to the mill to be ground.

Tasks of previous period if no younger sibling in the family.

Establishment of tasks of preceding period, and helping mother in food preparation.

Fetches water from the Nile in a larger jar, as towards end of this period she can balance the filled jar on head without support of hands. [312] [482] [231]

Takes midday meal to the field, and brings home dates and vegetables.

Helps mother in attending to poultry and sheep, searches for straying sheep or chicken outside. [231]

Daughters of widowed women, or men who are not actually engaged in farming, gather fuel from along the roads. [848] [342]

Brings home 'clay' from the Nile or the field to help mother in building or repairing the oven, the pigeon-cote, the fireplace and the earthen store for seeds.

Carries corn on her head to the mill. [482]

FROM TWELVE TO SIXTEEN 883

Fertilizer-fetching is the main responsibility. Father is responsible for the work on the land, while son is responsible for carrying fertilizer from the hill.

Rears with special attention animals allocated to him: calf, small camel . . . as an investment for his marriage-payment.

Makes ropes by twisting fibre of the palm trunk.

'Sea' is one of her main responsibilities, which means water-fetching from Nile mainly at night. [241]

Occasionally takes women's washing as well as her own to be washed in the Nile [296] [231]

Sieves flour, sews and cooks.

Heats the oven, kneads and bakes. [422]

Hair-delousing. [515]

Wool spinning and yarning.

Makes plate and dish covers out of palm leaves, and dolls to ornament her future house. [283] [285]

Errand-going decreases to the minimum.

May get married before sixteen. [582]

[1] This is the period where compulsory schooling has interfered with the traditional activities of children. 871

and hygienic. There is no woman who does not use this inexpensive cosmetic, both for herself and for her children. On a holiday or when she is tired, she neatly applies it with a kind of stylet dipped into the phial of black. 302

Circumcision is a therapeutic, tattooing a scarification, henna a poultice, *kohl* an eye-salve; for these aesthetic devices also serve the fellaheen as preventives or remedies. At the same time they also represent magical rites: circumcision is an act of consecration, tattooing has a symbolic value, henna is a commemorative, *kohl* keeps off the evil eye. Thus a luxury is never devoid of meaning or utility. 304 302 278 777

The fellaheen do not bathe for pleasure or for cleanliness. They have enough contact with water at their work, or in their Moslem ritual ablutions (30). Every evening these ablutions of hands, feet, face and private parts assure, at least to the men, a minimum of cleanliness. The children splash about naked as soon as they can, or whenever the beasts have to be watered. The women go into the water dressed and in groups, to wash their dirty clothes and themselves at the same time. For this they use clay or a piece of wood, and occasionally soap. In many villages the women never have a thorough wash, except on the occasion of their marriage, and once a year at the Great Bairam. 515 [857] [296]

The dress of the fellaheen constitutes the distinguishing mark of Egypt. While many everyday actions and customs are common to the peasantry of all countries, or at least to all those who are poor, or live in Moslem lands, the fellah differs from them all in his manner of dress, which is immediately recognisable. Yet there is nothing picturesque or fanciful about it, no complication or embroidery such as distinguishes the village dress of Syria and Palestine. 291

The men wear on their heads the simplest form of covering, a mere skull-cap, which gives no protection against the sun. This brownish felt cap or *libda* is so distinctive of the poor fellah that its very name has furnished him with a title. He is often called *abu libda*, the fellow with a cap, figuring in many a popular tale. Sometimes, and in the case of boys almost always, the cap is made of white calico (*taqiya*). On special occasions, if the fellah is better off or more pious, particularly in the south, he will wind round his cap a long white cloth which serves to protect his neck. This is due to Moslem influence. A good *libda* is deep, and should come

own habits often neutralise the treatment he receives, so that these diseases remain as deep-rooted as ever in the peasant class.' If only they would pay attention, until more can be done, to the advice and directions which are given them! The answer is that even if they tried they could not hope to succeed, because the conditions under which they live are at every point unfavourable to the attempt. Here lies the heart of the problem.

### (4) *Food and Drink*

Water is the first problem; not this time considered for its use in irrigation, which has been studied over and over again, but as a much more vital need in supplying human nourishment. Egypt is a hot country, and the fellah's work makes him sweat, so that thirst affects him more than most other people.

Where the owner of an *'ezba* has installed a pump, the fellaheen may get their water from an artesian well. If their village is on the river bank, they will use water from the Nile, which is silty but fresh-running. But more often than not they can drink only brackish and stagnant water from the irrigation canals.

In these, men and animals cleanse and relieve themselves; vegetables, clothes, and crockery are washed, and carrion is thrown away: and this is the place to which women come to get "drinking water". They bring it home in the early evening, in their ewers or tins, to fill up the great pot, or *zir*, that stands against the house wall. Each fellaha brings back about six gallons each evening for the next day's use. This water she adds to what already remains in the *zir*, so that the bottom is never dry, and never cleaned. The water stands all night, so that some of the dirt settles. It also cools, owing to evaporation through the porous clay. As for the drops which filter through, and which might be used to fill the drinking-pots with pure water for the morning, they simply run to waste in puddles or are drunk by the fowls.

The Government, however, is busily studying the question of supplying drinking-water to the villages, and numerous plans have been made.

Men have always added something to water to give it a taste. The fellah is no exception. Wine he does not drink,

I go visiting my parishioners", says Mgr Khouzam, Bishop of Thebes, "I find few houses with doors. They have square holes for entrances, and these are the only openings. The sole furniture is an oven for bread, a jar of water, a cooking pot and a bowl. In a few houses there is a cord stretched across a corner from wall to wall. This is the wardrobe, where spare clothes are hung. The roof is so low as to be oppressive".

Fortunately, houses normally have two, if not three, rooms. (") Apart from slight variations in plan, size and arrangement, these usually comprise:

1. A hall (*mandara*). Against the right-hand wall is built a long raised seat (*mastaba*). As the outside door opens into it, this is the best-lighted room in the house. It is used for visitors and guests.

2. Opening into this is the combined sleeping-room and kitchen. In a corner is the oven, built of bricks and set against the wall. Its flat top forms a kind of bed, on which two people sleep in winter. There is no chimney. The smoke escapes by the loophole in the wall.

3. Further in still is a little yard (*zariba*) about six foot wide and partly covered with maize thatch. This serves as a stable for the *gamoossa* and the donkey, but can be approached only through the front door.

The distinction is not very rigid, and there is nothing to prevent the sitting-room from serving as a stable, or the yard as summer sleeping-quarters. The fowls live everywhere; the pigeons nest in niches in the outer wall, or in petrol tins piled together. In villages where there is a Coptic majority, the pigs must also be taken into account; the Christian fellaheen rear these, not for themselves, but for European pork-butchers. As often as not, we must add that friend of the fellah and guardian of his goods, his shaggy night-howling dog.

The floor of the house is of beaten earth. The furniture is heaped up in disorder in the corners. For meals there is a Primus stove, one or two copper cooking-pots, and a low round table of white wood about three feet wide and eighteen inches high. For sleeping there are straw mats, a few cotton coverlets, or perhaps only a big sack. Sometimes there are beds constructed of palm branches (in the same way as chicken coops) and perhaps a cotton-stuffed mattress. For household

352 and toilet use there is a large flat tub (*tisht*) which serves
353 as both laundry-basin and bath, a fragment of mirror, and
296 a big wooden chest which may hold almost anything. This
515 was a gift at the betrothal, and its crude colours are reminders of a red-letter day. "In this chest near the oven, whose key the mistress of the house wears at her neck, I have seen all jumbled together eggs, pepper, cheese, rags, needles and thread, several necklaces and a packet of *kohl*." This from the letter of a surprised French missionary.

181 The close proximity of men, cattle and soil is as noticeable
356 in the fellah's house as in the field and the village. It is a reflection of the fellah's social level and manner of life. Like house, like household.

The fellah's dependence on soil, sun and water extends even to his house. He himself is of the earth, earthy, through his labour and his food, in his diseases and finally in his death. His house no less, by the material of which it is made — floor, walls, roof and all — and by its very squatness is a part of the earth.

342 The fellah lives out of doors because of the lack of
362 comfort in his home, which is no more than an unfurnished
181 sleeping-place and a store-room, a part of the crowded camp
183 which is the village.

All the houses are alike. The fellaheen have little individuality; each is an atomised unit of the mass, and his household but one cell in the agricultural hive. At the same time there is little or no space reserved for agricultural uses. The fellah works for others, and does not store the produce of the land for himself.

Yet this dwelling, which lacks so much that we deem essential, is so well adapted to its tenants and their habits that they will change or rather deform into its likeness any better-appointed house built for them on a model *'ezba*.

342 A house on an *'ezba* belongs to the owner, one in the
421 village to the fellah. House and site together are worth at the most L.E. 25. There is no rent or house tax to pay. On an *'ezba* the dwelling enters into the conditions of lease or share-tenancy. In the village it belongs to the head of the family.

592 In this homestead scarcely larger than himself the fellah leads a life of his own, no longer as a serf but as a master. Each house contains a large family, including very often, besides the father and mother, four or five children, a grand-